

## **Instruction**

### **AIDS PREVENTION INSTRUCTION**

The Governing Board recognizes that Human Immunodeficiency Virus (HIV) infection and Acquired Immune Deficiency Syndrome (AIDS) pose a public health crisis and that education is a necessary component for helping to slow the spread of this disease.

The district shall offer a comprehensive, age-appropriate HIV/AIDS prevention curriculum in grades kindergarten through 12.

The district's HIV/AIDS prevention curriculum shall be part of a comprehensive health education program that teaches acceptance of personal responsibility and emphasizes decisions that promote health.

HIV/AIDS prevention instruction shall be focused on giving students the knowledge, skills and motivation to avoid or reduce high-risk behavior that may lead to HIV infection.

Staff members or others who present HIV/AIDS prevention instruction shall be adequately trained and have periodic inservice opportunities to remain knowledgeable of new prevention education techniques and new developments in the scientific understanding of HIV/AIDS.

Other staff members and parents/guardians also shall have access to HIV/AIDS information in order to reinforce universal precautions and to present consistent messages and attitudes to students.

At the beginning of the school year, the Superintendent or designee shall provide the parent/guardian of each student with written notice, pursuant to law and administrative regulation, explaining the purpose of the AIDS prevention instruction. (Education Code 48980, 51201.5)

This notice shall specify that parent/guardian consent is required prior to his/her child receiving AIDS prevention instruction. (Education Code 51201.5)

The Superintendent or designee shall inform parents/guardians of their right to inspect all instructional materials related to HIV/AIDS instruction, and shall provide opportunities for inspection of materials before they are presented to students. (Education Code 51550)

A student shall not be subject to disciplinary action, academic penalty, or other sanction if the student's parent/guardian declines to permit the student to receive AIDS prevention instruction, and the student does not receive the instruction. (Education Code 51201.5, 51554, 51555)

An alternative educational activity shall be made available to students whose parents/guardians have requested that they not receive AIDS prevention instruction. The alternative educational activity shall occur while the AIDS prevention instruction is being delivered. (Education Code 51201.5, 51554, 51555)

**AIDS PREVENTION INSTRUCTION (continued)**

- (cf. 5141.22 - Infectious Diseases)
- (cf. 5141.23 - Infectious Disease Prevention)
- (cf. 6142.8 - Comprehensive Health Education)
- (cf. 4119.43/4219.43/4319.43 - Universal Precautions)
- (cf. 6141 - Curriculum Development and Evaluation)
- (cf. 6142.1 - Family Life/Sex Education)
- (cf. 5145.6 - Parental Notifications)
- (cf. 1312.2 - Complaints Concerning Instructional Materials)

Legal Reference:

**EDUCATION CODE**

- 48980 Notice at beginning of term
- 51201.5 AIDS prevention instruction
- 51202 Instruction in personal and public health and safety
- 51203 Instruction on alcohol, narcotics and restricted dangerous drugs
- 51229.8 Inservice training for providers of AIDS prevention instruction
- 51240 Excuse from health instruction and family life and sex education due to religious beliefs
- 51550 Sex education courses
- 51553 Sex education classes: course criteria
- 51554 Parent notification; sex education courses
- 51555 Parent notification in grades K-6; sex education courses
- 51820 Venereal disease instruction

Management Resources:

**CDE PUBLICATIONS**

Health Framework for California Public Schools, 1994

**CSBA PUBLICATIONS**

Saving Lives: AIDS Issues for California Schools, 1994

**WEB SITES**

CDE: <http://www.cde.ca.gov>

NSBA AIDS Education and School Health Program: <http://www.nsba.org/services/federation/hivweb.html>

Centers for Disease Control and Prevention, Division of Adolescent and School Health:  
<http://www.cdc.gov/nccdphp/dash/>

## **Instruction**

### **AIDS PREVENTION INSTRUCTION**

In accordance with law, HIV/AIDS prevention instruction shall be offered at least once in junior high or middle school and once in high school. Instruction shall be provided by trained instructors in appropriate courses and shall include: (Education Code 51201.5)

1. Information on the nature of AIDS and its effects on the human body.
2. Information on how the human immunodeficiency virus is and is not transmitted, including information on activities that present the highest risk of HIV infection.
3. Discussion of methods to reduce the risk of HIV infection, including:
  - a. Emphasis that sexual abstinence, monogamy, the avoidance of multiple sexual partners and abstinence from intravenous drug use are the most effective means for AIDS prevention.
  - b. Statistics based upon the latest medical information citing the failure and success rates of condoms and other contraceptives in preventing sexually transmitted HIV infection.
  - c. Information on other methods that may reduce the risk of HIV transmission from intravenous drug use.
4. Discussion of the public health issues associated with AIDS.
5. Information on local resources for HIV testing and medical care.
6. Development of refusal skills to assist students to overcome peer pressure and use effective decision making skills to avoid high-risk activities.
7. Discussion about societal views on AIDS, including stereotypes and myths regarding persons with AIDS. This instruction shall emphasize compassion for persons suffering from debilitating handicaps and terminal diseases, like AIDS.

HIV/AIDS prevention instruction shall accurately reflect the latest information and recommendations from the U.S. Surgeon General, federal Centers for Disease Control, and the National Academy of Sciences. (Education Code 51201.5)

HIV/AIDS instruction may not be conducted in a manner that advocates drug use, a particular sexual practice, or sexual activities. AIDS prevention instruction shall be consistent with Education Code 51553. (Education Code 51201.5)

**AIDS PREVENTION INSTRUCTION (continued)**

The Superintendent or designee shall ensure that instructional materials related to HIV infection and AIDS prevention are available and appropriate for use with students of various ages and learning abilities, and that these materials may be used effectively with students who have special needs and those from a variety of ethnic, cultural and linguistic backgrounds. (Education Code 51201.5)

**Parent/Guardian Notification**

At the beginning of the school year, parents/guardians of students in grades 7-12 shall be notified in writing about the purposes of the AIDS prevention instruction and information stating that the parent/guardian has a right to request a copy of Education Code 51201.5 and 51553 relating to AIDS instruction. (Education Code 48980, 51201.5)

If a student enrolls in school after the beginning of the year, the parent/guardian shall receive the notice described above upon the student's enrollment. (Education Code 51201.5)

This notification shall inform parent/guardians that they must consent prior to their children receiving AIDS prevention instruction. (Education Code 51201.5)

No student shall attend AIDS prevention instruction if a written request that he/she not attend has been received by the school. (Education Code 48980, 51201.5, 51550, 51555)

The Superintendent or designee shall keep on file Education Code 51201.5 and 51553. (Education Code 51201.5)

At the beginning of the school year, or at the time of a student's enrollment, the Superintendent or designee shall notify parents/ guardians of any outside organization or guest speaker brought into the district to provide instruction in family life, human sexuality, AIDS or sexually transmitted diseases. This notification shall include the date of the instruction, the name of the organization or affiliation of each guest speaker and information regarding the parent/guardian's right to request a copy of Education Code 51201.5 and 51553. (Education Code 51554)

If arrangements for this instruction are made after the beginning of the school year, the parents/guardians shall be notified no fewer than 10, and no more than 15, days before the instruction is delivered. (Education Code 51554)

This notification is required whether the guest speakers are brought in by the district to lecture, distribute information, show a videotape, act out, conduct an activity involving student participation or provide audio material in either a classroom or assembly. (Education Code 51554)

(cf. 6142.1 - Family Life/Sex Education)  
(cf. 5145.6 - Parental Notifications)