



Leroy Greene Academy Men's Basketball

Daily Schedule:

- Men's
 - Tuesday - Thursday (Starts 8/6/20)
 - Pod 1 (10 athletes) 5:00 pm - 7:30 pm

Flow of admission:

- Coach will arrive before any athletes to ensure proper social distancing.
- Athletes will arrive in workout attire (no locker room access).
- Drop off will be located in the LGA parking lot and athletes will enter campus through the main gate.
- If any athlete arrives by bicycle or on foot, they will be allowed a cooling off period before check in.
- Athletes will participate in the pre-screening process prior to entering gym. (see below)
- Athletes will enter practice through the labeled right side of the exterior door to the main gym.
- Athletes will exit practice through the labeled left side of the exterior door to the main gym.
- Designated bathroom for practice will be in the lobby of the gym and only one athlete may use the restroom at a time.

Pre-Screening:

- Athletes must have all documents (including Covid waiver/physical) completed and cleared by the Athletic Director prior to completing the pre-screening process.
- Athletes will enter through the main gate, and wait on designated areas until the screening process has been administered.
- Pre-screening stations will be located in the front of the main gym, and include:
 - Athletes will have their temperature taken
 - Athletes will complete the pre-screening survey.

- Any athlete with a temperature over 100.1 will be unable to participate for 14 days and administration will be notified.
- Once the athlete is cleared, using social distancing athletes will be sent, one at a time, to the designated restroom in the gym lobby to wash hands.
- Once athletes have washed their hands, they will proceed to the designated areas in the main gym for practice.

Phase 1

- Athletes will maintain social distancing during practice.
- Coaches and athletes will wash their hands prior to and after practices
- Facemasks will be required before and after practice, but currently not being required, during practice, however if athletes choose to wear facemasks they may.
- Coaches are required to wear facemasks at all times.
- Only one athlete will use the restroom at a time. Designated bathrooms for use during practice will be in the lobby of the gym.
- Athletes will be grouped into pods of no more than 10 athletes. They will stay in their pods throughout the duration of Phase 1.
- Pods can access the large gym and weight room as needed while meeting the safety guidelines. Any equipment used will be wiped down after each use, monitored by the coach/supervisor.
- Athletes will not be allowed to use water fountains. Athletes will supply their own water bottle with their names labeled on them.
- Athletes will place their bags in designated areas that are spaced out 6 feet apart.
- Each player will bring their own personal ball. No interchanging within the pod will be allowed.
- After each session balls will be sanitized prior to the next group entering the gym.
- No parents or non-team members will be allowed at practice, only athletes and coaches.
- After practice and athletes have washed their hands, the coach will walk athletes to the front of the school while maintaining social distance to await pick up.
- Practices will consist of weight training, conditioning, and individual skill development.