

NP³ COVID-19 Policies and Procedures

NP³ created this plan to assist in the reopening of our school where employees, students, and families feel safe and to reduce the impact of COVID-19 conditions upon returning to our schools. The policies referenced in this plan are aligned with the guidance from the Centers for Disease Control and California Department of Public Health. We will also monitor and follow local recommendations and guidance from Sacramento County Public Health. The information contained within this document is current as of July 31, 2021. Updates and revisions may be made to these policies as we receive updated guidance from applicable federal, state, and local agencies. For more detailed information, please refer to the [K-12 Schools Guidance from CDPH](#).

As we plan for the return to full in-person instruction on our physical campuses on August 2, 2021, we want to provide our families with information regarding the health and safety measures we are taking to protect our students, families and staff.

Prioritizing Vaccination

This is our best protection against COVID-19 and the highly contagious Delta Variant. All students and family members 12 and older are strongly encouraged to get vaccinated as soon as possible. To find a vaccination clinic, please go to myturn.ca.gov. NUSD also has information on vaccination clinics on their [website](#).

Masks

- All K-12 students and staff are required to mask indoors.
- Masks are required outdoors when others are present.
- A mask will be provided to students who forget to bring a mask to school or lose their mask.
- If a student refuses to wear a mask, the student will be sent home and provided with alternative work to complete.
- Students may take their mask off to eat lunch and snacks.

Ventilation

- All classroom filters have been upgraded to high capacity MERV-13 and are changed every 3 months.
- Portable high efficiency air purifiers have been added to all classrooms.
- When feasible, classroom doors will remain open for air circulation.

Stay Home when Sick and Getting Tested

- Students, teachers, and staff who have symptoms of infectious disease, such as influenza (flu) or COVID-19 are required to stay home and should contact their healthcare provider for testing and care.
- Getting tested for COVID-19 when symptomatic will help with rapid contact tracing and prevent possible spread at schools. Please go to the Sacramento County Public Health [website](#) for information on testing locations. Medical providers also provide testing.
- Staff members and students with symptoms of COVID-19 infection cannot return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms:

- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
- Other symptoms have improved; and
- They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.

COVID-19 Testing

NP³ will provide rapid antigen testing for symptomatic students and staff, as needed. In addition, we have the capacity to administer rapid testing in certain situations, such as testing of close contacts, testing of students in extracurricular activities, and testing students before participation in events.

Quarantine Policies

NP³ will follow all quarantine guidance and recommendations issued by CDPH and Sacramento County Public Health.

Quarantine for vaccinated close contacts

For those who are vaccinated, NP³ will follow the [CDPH Guidance for Fully Vaccinated People](#) regarding quarantine. Asymptomatic students and staff members are not required to quarantine if exposed; however they must continue to monitor for symptoms.

Quarantine for unvaccinated students for exposures when both parties were wearing a mask, as required in K-12 indoor settings

In situations where both parties are masked, students may be eligible to complete a modified quarantine (quarantine at home except to attend in-person instruction) if certain conditions are met (asymptomatic, appropriate mask usage, twice weekly testing, continued quarantine for all activities other than in-person instruction).

Quarantine for unvaccinated [close contacts](#) who were not wearing masks or for whom the infected individual was not wearing a mask during the indoor exposure

In situations where one or more parties was not masked, individuals who remain asymptomatic may discontinue quarantine:

- After day 10 from the date of last exposure; OR
- After Day 7 if tested negative using a specimen collected after Day 5 from the date of last exposure.

To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts must:

- Continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND
- Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds) through Day 14 from last known exposure.

If any symptoms develop during this 14-day period, the exposed person must immediately isolate, get tested and contact their healthcare provider with any questions regarding their care.

Food Services/Lunch

NP³ will maximize physical distance as much as possible while eating (especially indoors). We will utilize outdoor spaces during lunch to facilitate distancing. NP³ will clean frequently touched surfaces. Surfaces that come in contact with food will be washed, rinsed, and sanitized before and after meals.

Vaccination Verification

To inform implementation of prevention strategies that vary by vaccination status (testing, contact tracing efforts, and quarantine and isolation practices), NP³ will ask for the vaccination status of each student. NP³ will use the same standard protocols that are used to collect and secure other immunization or health status information from students. If vaccination status is not provided, the student will be treated as unvaccinated when it comes to testing, contact tracing efforts, and quarantine and isolation practices.