

Np3 Middle School Physical Education

23-24 Course Syllabus

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(6th & 7th Grade)

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Course Description:

This course provides students the opportunity to learn about their own health, and development of physical skills. Activities and tasks are developmentally appropriate and sequentially planned. This course aims to improve the health of the whole child and draws from scientific research, Common Core, and the California Physical Education Framework. The framework and standards can be found on the following site: <https://www.cde.ca.gov/ci/pe/cf/documents/peframework2009.pdf>

Movement Grading

Students will practice in movement skills, and be assessed on cue-based skill performance rubrics.

Advanced 4	Proficient 3	Basic 2	Below Basic 1
Student performs the skill and produce desired results.	Students performs all cues of the movement. Not results based	Student can perform most cues of the movement. There is minimal to some evidence the student can perform the skill.	Student can perform minimal or no cues of the movement. There is no evidence the student can perform the skill, however they engage in movement.

Fitness and Health Grading

Students will participate in daily physical activity, from a range of physical activities, tests and tasks at moderate to vigorous intensity. Current scores are communicated on Infinite Campus. Students receive final grades at the end of each quarter and are based on the rubric descriptors below. **See summative comments for details.**

Advanced 4	Proficient 3	Basic 2	Below Basic 1
Student participates in activities and lessons and has less than 2 days of unexcused non-participation in one quarter.	Student participates in activities and lessons and has 2-3 days of unexcused non-participation in one quarter.	Student participates in activities and lessons and has 4-5 days of unexcused non-participation in one quarter.	Student often does not participate in activities and lessons and has 6 or more days of unexcused non-participation in one quarter.

Expectations:

1. *Participate* in physical activity or tasks, unless excused for medical reasons with a written note or email from the parent (up to 3 days) or from a doctor (if more than 3 days).
2. Complete a movement task sheet each quarter, if not completed they will receive an Incomplete(I) until turned in.
3. Makeup days for participation will be available at student request.

Social Responsibility Grading

Students will learn and demonstrate self-responsibility, social interactions, and group dynamics that are required for a positive and safe class environment. **See summative comments for details.**

Advanced 4	Proficient 3	Basic 2	Below Basic 1
Student demonstrates self/social responsibility through dress and interactions in class with less than 2 days of redirection required in the quarter	Student demonstrates self/social responsibility through dress and interactions in class with 2-3/ days of redirection required in the quarter	Student demonstrates self/social responsibility through dress and interactions in class with 4-5 days of redirection required in the quarter	Student demonstrates self/social responsibility through dress and interactions in class with 6 or more days of redirection required in the quarter

Expectations:

1. Attend class daily, *change* into PE clothes, follow locker room expectations and report to the roll location on time.
2. Treat school personnel, other students, and school equipment with dignity and respect.
3. Make choices that ensure safety for themselves, other students, and personnel.
4. Growth is encouraged and students are allowed opportunities for retakes and reflection through community service or presentations on teacher approved topics related to group dynamics, social development, and self-responsibility.

Uniforms:

- The uniform consists of a gray T-shirt/sweatshirt and black athletic bottoms. **WE WILL BE WRITING ON YOUR NAME ON YOUR SHIRT.** Students may wear clothes purchased at any store or they currently own, within student hand. (Athletic bottoms excludes, denim, dress skirts and pants, and sheer leggings)
- Options for cold weather are a second layer under the uniform, a solid gray sweat-shirt, and/or solid black sweat-pants.
- Students are expected to wear appropriate shoes **with laces.** Specifically, Crocs, slides and boots are not allowed.
- Water bottles are encouraged. No other items like electronics, backpacks, food, etc. are permitted during P.E. class.

Parent Tips

- Log in to the parent portal in Infinite Campus and set up notifications. The comments section of student assignments will note the days students are not dressed or marked down.
- Check in with your student about regularly washing their PE clothes.

Return this sheet to your teacher

Student Name (first and last): _____

PE Teacher Clark Torres **Grade** 6th 7th 8th **PE Period Day** A B

Advisor's Last Name: _____

Primary Parent/Guardian Name: _____

Preferred Contact Email: _____

Preferred Contact Phone # : _____

Do you have access to Infinite campus and are able to see student scores? YES NO

Medical

Are there any pre-existing medical conditions that will impact moderate to vigorous physical activity? Examples include Asthma or Grass allergies. _____

Will your student need to carry an Epipen or an Inhaler? _____

Anything else you would like us to know about your child? _____

Media Permission:

Yes, I approve of my child's viewing of curriculum and school appropriate movies rated PG/PG-13

No, I do not approve of my child's viewing of curriculum and school appropriate movies. I understand alternate learning experiences will be provided for my child while the movie is being watched.

Fieldtrip

Check this box to opt out of your students permission to travel to nearby Blackbird park for supervised class games and activities.

Guardian Signature _____ **date** _____