

21/22 Athletic Participation Summary

The data below reflects the total number of players on a team roster on the official first day of competition.

School Name	Count of female Athletes	Total Count of female Students in Grades 4-12	% of athletic participation of 4th - 12th grade female enrollment	Count of male Athletes	Total Count of male Students in Grades 4-12	% of athletic participation of 4th - 12th grade male enrollment
American Lakes School	72	153	47%	75	170	44%
Bannon Creek School	43	119	36%	46	139	33%
H. Allen Hight Elementary	36	122	30%	48	125	38%
Heron School	98	272	36%	113	298	38%
Inderkum High School	265	1105	24%	333	1182	28%
Jefferson School	76	160	48%	88	186	47%
Leroy Greene Academy	101	339	30%	130	377	34%
Natomas High School	100	566	18%	184	589	31%
Natomas Middle School	40	250	16%	65	369	18%
Natomas Park Elementary	52	99	53%	59	91	65%
Paso Verde School	63	187	34%	92	213	43%
Two Rivers Elementary	40	86	47%	52	96	54%
Witter Ranch Elementary	33	105	31%	32	100	32%
Grand Total	1019	3563	29%	1317	3935	33%

School Name	Count of female Athletes	Total Count of female Students in Grades 4-12	% of athletic participation of 4th - 12th grade female enrollment	Count of male Athletes	Total Count of male Students in Grades 4-12	% of athletic participation of 4th - 12th grade male enrollment
Discovery High School	0	42	0%	0	64	0%
Larry G. Meeks Academy	0	139	0%	0	127	0%
Grand Total	0	181	0%	0	191	0%

The table below shows the total number of students, by gender, participating in elementary and middle school athletic programs. These numbers reflect students who participated in each sport. Some students participated in multiple sports, resulting in these numbers being higher than the total number of students reported in the above table.

Elementary/Middle Boys Sports

Sports	ALS	BC	HAH	Heron	JFS	LGA	NMS	NPE	PVS	TR	WR	Grand Total
Basketball 4th Boys	7	1	20	25	13			16	17	19	6	124
Basketball 5th Boys	11	5	16	20	11			18	13	19	8	121
Basketball 6th Boys	8	8		14	15	12	10		11			78
Basketball 7/8 Boys	11	5		12	15	12	15		7			77
Cross Country 4th Boys		2	1	1	3			1	2	1	1	12
Cross Country 5th Boys	1	1		2	3			4	6	11	1	29
Cross Country 6th Boys	1			2	2	1						6
Cross Country 7/8 Boys				1	9	8			2			20
Flag Football 4/5 Boys											2	2
Flag Football 4th Boys	7	5	11	9				13	9	12	3	69
Flag Football 5th Boys	6	6	15	17	8			13	7	16	11	99
Flag Football 6th Boys	10	3		13	8	12	12		9			67
Flag Football 7/8 Boys	15	2		12	24	19	16		17			105
Soccer 4/5 Boys		13			13							26
Soccer 4th Boys	9			18				14	14	11	6	72
Soccer 4th Co-Ed			1									1
Soccer 5th Boys	12		10	14				16		20	17	89
Soccer 6th Boys	8	7		7	13	17	11					63
Soccer 7/8 Boys	17	8		15	16	18	10		13			97
Soccer 7/8 Co-Ed		1										1
Volleyball 4th Boys				4				8		2		14
Volleyball 4th Girls					1							1
Volleyball 4th Grade Co-Ed									1			1
Volleyball 5th Boys				1				4		1		6
Volleyball 5th Girls	1				1						2	4
Volleyball 5th Grade Co-Ed									4			4
Volleyball 6th Boys									3			3
Volleyball 6th Girls	1					4						5
Volleyball 7/8 Boys				2								2
Volleyball 7/8 Girls		4		1								5
Grand Total	125	71	74	190	155	103	74	107	135	112	57	1203

Elementary/Middle Girls Sports

Sports	ALS	BC	HAH	Heron	JFS	LGA	NMS	NPE	PVS	TR	WR	Grand Total
Basketball 4/5 Girls					5				17			22
Basketball 4th Co-Ed	1		1								4	6
Basketball 4th Girls	5	5		16				9		10	7	52
Basketball 5th Co-Ed			1								1	2
Basketball 5th Girls	9	7	9	10	8			12		13	4	72
Basketball 6th Girls	8	2		9	11	7	10		10			57
Basketball 7/8 Co-Ed		2										2
Basketball 7/8 Girls	5			11	13	10	11		4			54
Cross Country 4th Girls				6	2			4	4	4	1	21
Cross Country 5th Co-Ed			3									3
Cross Country 5th Girls		4		4	2			6	4	2	3	25
Cross Country 6th Girls	1	1		5	1	1			1			10
Cross Country 7/8 Co-Ed	1											1
Cross Country 7/8 Girls					5							5
Flag Football 4th Co-Ed				1				1	1	2	1	6
Flag Football 5th Co-Ed	1			1				3	1		1	7
Flag Football 6th Co-Ed				1		1						2
Flag Football 7/8 Co-Ed					4	1	1					6
Soccer 4/5 Girls		8							24			32
Soccer 4th Girls	16		15	16				8	14	15	10	94
Soccer 5th Girls	17		13	9				18	10	16	3	86
Soccer 6th Co-Ed		1			6	2						9
Soccer 6th Girls	6	7		13			7					33
Soccer 7/8 Co-Ed									2			2
Soccer 7/8 Girls	14	7		18	13	21	15					88
Volleyball 4th Girls	6	5	12	11	8			10		7	13	72
Volleyball 4th Grade Co-Ed									12			12
Volleyball 5th Girls	9	6	12	9	4			15		9	6	70
Volleyball 5th Grade Co-Ed									9			9
Volleyball 6th Co-Ed									11			11
Volleyball 6th Girls	11			16	10	6	8					51
Volleyball 7/8 Girls	9	8		20	29	16	14					96
Grand Total	119	63	66	176	121	65	66	86	124	78	54	1018

The tables below show the total number of students, by gender, participating in high school athletic programs. These numbers reflect students who participated in each sport. Some students participated in multiple sports, so these numbers will be higher than the total number of students reported in the summary table above.

High School Boys Sports

Sports	IHS	LGA	NHS	Grand Total
Baseball JV	19			19
Baseball Varsity	21	16	12	49
Basketball 9th Boys	14			14
Basketball JV Boys	13		12	25
Basketball Varsity Boys	15	15	11	41
Cross Country Boys	13	10		23
Football JV	58		28	86
Football Varsity	39		34	73
Football Varsity - Spring	29		70	99
Golf Boys	9	6	2	17
Soccer JV Boys	20			20
Soccer Varsity Boys	23	21	44	88
Swim & Dive Boys	17			17
Swim & Dive Co-Ed			1	1
Tennis Boys	28			28
Tennis CoEd			3	3
Track & Field Boys	27		23	50
Volleyball JV Boys	11			11
Volleyball Varsity Boys	10	10	22	42
Volleyball Varsity Girls	1			1
Water Polo Boys	22			22
Wrestling Boys	8		11	19
Grand Total	397	78	273	748

High School Girls Sports

Sports	IHS	LGA	NHS	Grand Total
Basketball JV Girls	10			10
Basketball Varsity Girls	9	13	7	29
Cheer JV	21			21
Cheer Varsity	28		20	48
Cross Country Girls	7	7		14
Golf Boys		3		3
Golf Girls	15		1	16
Soccer JV Girls	26			26
Soccer Varsity Girls	24	18	19	61
Softball JV	11			11
Softball Varsity	12	13	18	43
Swim & Dive Girls	24		7	31
Tennis CoEd			8	8
Tennis Girls	26			26
Track & Field Girls	30		7	37
Volleyball 9th Girls	11			11
Volleyball JV Girls	13		17	30
Volleyball Varsity Girls	15	16	12	43
Water Polo Girls	25			25
Wrestling Boys	1			1
Wrestling Girls	2		6	8
Grand Total	310	70	122	502

In summary: Due to COVID, this was the first full year of athletics for all schools (only HS played sports in the Spring of 2021). There was an overall participation increase of 3% for girls and 5% for boys. However, the most significant increases happened at the Elementary, MS and K-8 levels. They had an overall increase of 7% for girls and 9% for boys.

American Lakes had the largest % increase for MS/K-8's with a total of 47% participation of all girls (a 15% increase from 18/19) and 44% participation of all boys (an 11% increase from 18/19).

Natomas Park had the largest % increase for Elementary with a total of 53% for girls (a 20% increase) and 65% for boys (a 35% increase).