



Natomas Unified School District Optional Benefits Contact list

Private Disability Options

American Fidelity

American Fidelity –
Medical 125 /Dependent Care &
Disability and Life Plans

Misha Bothe - Account Manager
Misha.Bothe@americanfidelity.com

800-365-8306 ext 2686

Taylor Tesch – Account Partner
taylor.tesch@americanfidelity.com

800-365-8306
americanfidelity.com

The Standard

Disability and Life Plans
CTA Member benefits
Memberbenefits .org/thestandard
1-800-522-0406

ctaservice@standard.com

AFLAC - Optional Plans

Disability and Life Plans
Kaitlyn Frades 916-301-3226
kaitlynfrades@gmail.com

TCG Administrators

Retirement Asset Management Service
Foundation 99 foundation99.org

403(b) and 457 Plans
1-800-943-9179
1-888 989-9247 Fax

<https://www.region10rams.org/>
Please use website to find available
vendors

California Family Fitness

Sign up at your local club notifying them
you are an NUSD employee

Credit Union Deductions

**You can have money set aside and
sent to your credit union**

Available options:

Safe CU, Yolo Fed CU
Golden One CU, Schools First CU
Contact Payroll Department for details

For more information on what
optional benefits NUSD provides

Please contact
payrollbenefits@natomasunified.org